

## **2019 Decathlon National Championships Format**

*Version 1.2 / Last Amended 11/24/2018*

- I. Overview

In order to encourage gender equality in the sport of gymnastics, we will be offering Gymnastics Decathlon. This competition will be a combination of MAG All-Around and WAG All-Around, performed over 2 sessions. Each gymnast must select a primary discipline and level for which they will be eligible for Finals and awards.
- II. Levels
  - A. The NAIGC Decathlon will offer two levels of competition
    - a. High Level: MAG NAIGC Modified NCAA Level and WAG NAIGC Level 9.
    - b. Low Level: MAG NAIGC Modified Developmental and WAG NAIGC Level 8
- III. Judging
  - A. All routines will be judged based on the rules outlined in [NAIGC MAG Rules](#) and [NAIGC WAG Rules](#).
- IV. Schedule
  - A. Decathlon scores will only be based on performances during preliminary sessions; no Finals sessions will be offered for Decathlon.
  - B. Athletes will compete in separate sessions for MAG and WAG Disciplines.
  - C. Top performers will be recognized at the NAIGC Awards Ceremony on Friday after the conclusion of preliminary sessions.
- V. Format
  - A. Competition will follow the format outlined for each individual discipline, outlined in [2019 MAG National Championship Format](#) and 2019 WAG National Championship Format.
  - B. Individuals can qualify for Finals (event, all-around, and/or team) and participate in the team competition in their selected primary discipline and level only.
  - C. Decathlon scores will be calculated based on a formula where each event is weighted such that a female gymnast at a given level in WAG gymnastics should score similarly in Decathlon to a male gymnast of a similar level in MAG gymnastics. That formula is:  $5*WAA + MAA$ . The scores used will be from the preliminary sessions.
- VI. Competitions
  - A. Scope – Each of the numbers in blue is a placeholder that may be changed at any time up to the date of the National Championships to accommodate variance in registration or the distribution of individuals among Divisions and Levels. All changes will be announced before competition begins and posted on the NAIGC website.
  - B. All-Around Competition

1. Within each level, All-Around awards will be given to the top **three** combined point total scores from all the competitors registered for the Decathlon.
- C. Individual Event Competition
1. There will be no individual event competition in the Decathlon.
- D. Team Competition
1. There will be no team competition in the Decathlon.

VII. Amendments

- A. This document may be amended by the NAIGC Board of Directors at any time.
- B. Within Section VI, any of the numbers in blue may be amended by the NAIGC President or Men’s or Women’s Rules Spokesperson.

Document Revision History

<b>Version / Date</b>	<b>Author</b>	<b>Change/Reason</b>
1.0 / 12/08/2016	Julia Sharpe	Policy created
1.1 / 08/30/2017	Karen Heilman / Julia Sharpe	<ul style="list-style-type: none"> <li>● Minor wording clarifications</li> <li>● Changed recognition from “Banquet on Saturday” to “Awards Ceremony” to allow more flexibility.</li> <li>● Changed formula from <math>[WVT*0.5 + WUB*4.0 + WBB*4.0 + WFX*0.5] + [MFX*2.0 + MPH*0.6 + MSR*0.6 + MVT*2.0 + MPB*0.6 + MHB*0.6]</math> to <math>5*WAA + MAA</math> We think this will balance between the two disciplines while making the scoring more simplistic. Specified that this formula uses scores from the preliminary session.</li> </ul>
1.2 / 11/24/2018	Julia Sharpe	<ul style="list-style-type: none"> <li>● Update name of document</li> <li>● Added lower level of competition</li> <li>● Clarified that awards will be at Friday ceremony</li> <li>● Removed language referencing divisions</li> <li>● Added names of referenced policies</li> </ul>